

# FEB



## REMINDERS:

Please refer to cheer energy app and group chats for the most up-to-date practice times

All athletes must sign up for tumbling prior to attending the class

■ TUMBLING

■ PRACTICES/COMPETITIONS

■ STRETCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>26</b>  Shock (2:00-4:00) Blackout (5:00-7:00)	<b>27</b> Tiny Tumble (5:15-6:00) Bombsquad (5:30-7:00) Fury (5:30-7:00) Level 2-3+ (6:00-7:00) Blackout (7:00-9:00) Shock (7:00-8:30)	<b>28</b> Level 1-2 (5:00-6:00) Solar (5:30-6:15) Explosion (5:45-6:30) Level 1 (6:00-7:00) Nitro (6:15-7:45) G-Force (6:30-7:30) Level 2-3+ (7:00-8:00) Bombsquad (7:30-9:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	<b>29</b> Level 1 (5:00-6:00) Static (5:30-6:15) Level 1-2 (6:00-7:00) Electric (6:15-7:30) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2 (7:00-8:00) Fury (7:00-9:00) Level 2-3+ (8:00-9:00)	<b>30</b> Level 1-2 (5:00-6:00) G-Force (5:30-7:30) Gamma (5:30-7:00) Level 1 (6:00-7:00) Level 2-3+ (7:00-8:00) Knockout (7:00-8:30) Stunt Class (8:00-9:00)	<b>31</b>	<b>1</b>   MAXOUT WILMINGTON, NC (Solar, Static, Electric, Gamma, Knockout, Nitro, G-Force, Fury, Bombsquad, Shock, Blackout)
<b>2</b>   MAXOUT WILMINGTON, NC (Electric, Gamma, Nitro, G-Force, Fury, Bombsquad, Shock, Blackout)	<b>3</b> Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Fury (5:30-7:00) Level 2-3+ (6:00-7:00) Blackout (7:00-9:00) Shock (7:00-8:30)	<b>4</b> Level 1-2 (5:00-6:00) Solar (5:30-6:15) Explosion (5:45-6:30) Level 1 (6:00-7:00) Nitro (6:15-7:45) G-Force (6:30-7:30) Level 2-3+ (7:00-8:00) Bombsquad (7:30-9:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	<b>5</b> Level 1 (5:00-6:00) Static (5:30-6:15) Level 1-2 (6:00-7:00) Electric (6:15-7:30) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Fury (7:30-9:00) Stunt Class (8:00-9:00)	<b>6</b> Level 1-2 (5:00-6:00) G-Force (5:30-7:30) Gamma (5:30-7:00) Level 1 (6:00-7:00) Level 2 (7:00-8:00) Knockout (7:00-8:30) Level 2-3+ (8:00-9:00)	<b>7</b>	<b>8</b>
<b>9</b> Shock (2:00-4:00) Bomb Squad (2:00-4:00) Electric (2:00-4:00) G-Force (4:00-5:30) Blackout (5:00-7:00)	<b>10</b> Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Fury (5:30-7:00) Level 2-3+ (6:00-7:00) Blackout (7:00-9:00) Shock (7:00-8:30)	<b>11</b> Level 1-2 (5:00-6:00) Solar (5:30-6:15) Explosion (5:45-6:30) Level 1 (6:00-7:00) Nitro (6:15-7:45) G-Force (6:30-7:30) Level 2-3+ (7:00-8:00) Bombsquad (7:30-9:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	<b>12</b> Level 1 (5:00-6:00) Static (5:30-6:15) Level 1-2 (6:00-7:00) Electric (6:15-7:30) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Fury (7:30-9:00) Stunt Class (8:00-9:00)	<b>13</b> Level 1-2 (5:00-6:00) G-Force (5:30-7:30) Gamma (5:30-7:00) Level 1 (6:00-7:00) Level 2 (7:00-8:00) Knockout (7:00-8:30) Level 2-3+ (8:00-9:00)	<b>14</b>	<b>15</b>
<b>16</b> Static (1:00-2:30) Electric (2:30-4:00)	<b>17</b> Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Fury (5:30-7:00) Level 2-3+ (6:00-7:00) Blackout (7:00-9:00) Shock (7:00-8:30)	<b>18</b> Level 1-2 (5:00-6:00) Solar (5:30-6:15) Explosion (5:45-6:30) Level 1 (6:00-7:00) Nitro (6:15-7:45) G-Force (6:30-7:30) Level 1-2 (7:00-8:00) Bombsquad (7:30-9:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	<b>19</b> Level 1 (5:00-6:00) Static (5:30-6:15) Level 1-2 (6:00-7:00) Electric (6:15-7:30) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Fury (7:30-9:00) Stunt Class (8:00-9:00)	<b>20</b> Level 1-2 (5:00-6:00) G-Force (5:30-7:30) Gamma (5:30-7:00) Level 1 (6:00-7:00) Level 2 (7:00-8:00) Knockout (7:00-8:30) Level 2-3+ (8:00-9:00)	<b>21</b>	<b>22</b>   SPIRIT NATIONALS CONCORD, NC (Solar, Static, Electric, Gamma, Knockout, Nitro, Explosion)
<b>23</b> Shock (2:00-4:00) Blackout (5:00-7:00)	<b>24</b> Tiny Tumble (5:15-6:00) Bomb Squad (5:30-7:00) Fury (5:30-7:00) Level 2-3+ (6:00-7:00) Blackout (7:00-9:00) Shock (7:00-8:30)	<b>25</b> Level 1-2 (5:00-6:00) Solar (5:30-6:15) Explosion (5:45-6:30) Level 1 (6:00-7:00) Nitro (6:15-7:45) G-Force (6:30-7:30) Level 1-2 (7:00-8:00) Bombsquad (7:30-9:00) Flyer Flex (7:30-8:00) Stretch (8:00-8:30) Level 2-3+ (8:00-9:00)	<b>26</b> Level 1 (5:00-6:00) Static (5:30-6:15) Level 1-2 (6:00-7:00) Electric (6:15-7:30) Flyer Flex (6:30-7:00) Stretch (7:00-7:30) Level 2-3+ (7:00-8:00) Fury (7:30-9:00) Stunt Class (8:00-9:00)	<b>27</b> Level 1-2 (5:00-6:00) G-Force (5:30-7:30) Gamma (5:30-7:00) Level 1 (6:00-7:00) Level 2 (7:00-8:00) Knockout (7:00-8:30) Level 2-3+ (8:00-9:00)	<b>28</b>	<b>1</b>   CHEER DERBY LOUISVILLE, KY (G-Force, Fury, Bombsquad, Shock, Blackout)